



Price List (HST not included)

Full-Time Students & Seniors - 15% discount (with valid ID)

Introductory Packages

Option #1: Private Classes *(Required if being treated for a recent injury)*

5 Private Classes	\$350	\$70 / class	valid for 2 months
10 Private Classes	\$650	\$65 / class	valid for 3 months
20 Private Classes	\$1250	\$62 / class	valid for 6 months
30 Private Classes	\$1800	\$60 / class	valid for 9 months

Option #2a: Group Classes *(Not suitable if pregnant or recently injured)*

7 Week Introductory Group Class \$149 valid for 2 months

Option #2b:

Add Unlimited Introductory Group Classes \$50 valid for 2 months

Option #3: Duet Classes

5 Duet Classes	\$199 /pers	\$40 / class	valid for 2 months
10 Duet Classes	\$380 /pers	\$38 / class	valid for 3 months

Group Classes

Ten	\$179	\$18 /class	valid for 6 months
Twenty	\$299	\$15 /class	valid for 1 year
Forty	\$570	\$14 /class	valid for 1 year
Sixty	\$799	\$13 /class	valid for 1 year
Drop-in	\$20		

Unlimited Group Classes

1 month Unltd.	\$130		valid for 1 month
3 month Unltd.	\$350		valid for 3 months
6 month Unltd.	\$650		valid for 6 months

Private Classes

Single	\$75		
Five	\$350	\$70 /class	valid for 3 months
Ten	\$650	\$65 /class	valid for 3 months
Twenty	\$1250	\$62 /class	valid for 6 months
Thirty	\$1800	\$60 /class	valid for 9 months

Duet Classes

Single	\$45 /pers		
Five	\$199 /pers	\$40 /class	valid for 2 months
Ten	\$380 /pers	\$38 /class	valid for 3 months

Reformer

Single	\$30		
Five	\$140	\$28 /class	valid for 3 months
Ten or Intro	\$260	\$26 /class	valid for 3 months
Twenty	\$499	\$25 /class	valid for 6 months

Registered Massage Therapy

30 minute	\$50		
45 minute	\$65		
1 hour	\$75		
1.5 hour	\$120		
ROLF/Structural Integration	\$125		

Kinesio Taping

Kinesio Taping	\$20
Add it to your massage	\$5